



## National-Rekorde des SPC

### Powerlifting

Kniebeugen										
Athlet	M/W	Gewichtsk.	Kategorie	Gewicht	Rekord	Verband	Jahr	Wettkampf	Ort	Land
Barras Sandra	W	-82.5	Open	190	SR	IPF	1999	EM	Saint Prix	FRA
Pierren Martin	M	-52	Sub-Jun	110	SR	IPF	1984	-	Le Locle	SUI
Pierren Martin	M	-56	Sub-Jun	140	SR	IPF	1985	-	Peseux	SUI
Bourquard Michel	M	-60	Sub-Jun	195	SR	IPF	1991	-	Porrentruy	SUI
Pierren Martin	M	-67.5	Sub-Jun	180	SR	IPF	1987	-	Courgenay	SUI
Pierren Martin	M	-75	Sub-Jun	182.5	SR	IPF	1987	-	Salzburg	AUT
Verbeek Erwin	M	-82.5	Sub-Jun	170	SR	IPF	1997	SM	Fribourg	SUI
Nemeshazy Janos Junior	M	-90	Sub-Jun	220	SR	IPF	1997	SM	Fribourg	SUI
Favre Jean-Luc	M	-100	Sub-Jun	200	SR	IPF	1983	-	Lausanne	SUI
Rognon	M	-110	Sub-Jun	150	SR	IPF	1983	-	Lausanne	SUI
Rognon	M	-125	Sub-Jun	170	SR	IPF	1983	-	Porrentruy	SUI
Pierren Martin	M	52	Sub-Jun	110	SR	IPF	1984	-	Le Locle	SUI
Bourquard Michel	M	-56	Jun	182.5	SR	IPF	1990	-	Winterthur	SUI
Pedrazzi Fabio	M	-60	Jun	167.5	SR	IPF	1993	-	Fribourg	SUI
GirardPascal	M	-67.5	Jun	220	SR	IPF	1986	EM	Manchester	GBR
Ritucci Giovanni	M	-75	Jun	227.5	SR	IPF	1987	WM	Nassjo	SWE
Kilcher Gerard	M	-82.5	Jun	241	SR	IPF	1989	-	Courgenay	SUI
Früh Tors	M	-90	Sub-Jun	252.5	SR	IPF	1994	-	Fribourg	SUI
Holzer Kilian	M	-100	Jun	270	SR	IPF	2000	SM	Einsiedeln	SUI
Jungo Alain	M	-110	Jun	310	SR	IPF	1994	-	Fribourg	SUI
Jungo Alain	M	-125	Jun	300	SR	IPF	1995	-	Fribourg	SUI
Wermuth Patrice	M	-52	Open	115	SR	IPF	1980	EM	Zürich	SUI
Wermuth Patrice	M	-56	Open	205	SR	IPF	1985	-	Lausanne	SUI
Wermuth Patrice	M	-60	Open	220	SR	IPF	1986	-	Courgenay	SUI
Pedrazzi Luigi	M	-67.5	Open	242.5	SR	IPF	1983	-	Lausanne	SUI
Smeriglio G.	M	-75	Open	277.5	SR	IPF	1985	-	Peseux	SUI
Thiebaud F.	M	-82.5	Open	280.5	SR	IPF	1986	-	Fribourg	SUI
Nemeshazy Janos	M	-90	Open	312.5	SR	IPF	1986	-	Lausanne	SUI
Nemeshazy Janos	M	-100	Open	330	SR	IPF	1986	-	Fribourg	SUI
Jungo Alain	M	-110	Open	310	SR	IPF	1994	-	Fribourg	SUI
Jungo Alain	M	-125	Open	300	SR	IPF	1995	-	Fribourg	SUI
Schlatter Stefan	M	+125	Open	280	SR	IPF	1995	-	Aigle	SUI
Lehuede Jean-Claude	M	-82.5	M1	215	SR	IPF	1989	EM	Frankfurt-Am-Mein	GER
Gostell John	M	-110	M1	247.5	SR	IPF	1989	EM	Frankfurt-Am-Mein	GER
Schlatter Stefan	M	-125	M1	275	SR	IPF	1992	EM	Bratislava	SVK
Schlatter Stefan	M	+125	M1	270	SR	IPF	1993	EM	Moskau	RUS
Smeriglio Guerino	M	-75	M2	230	SR	IPF	1989	EM	Frankfurt-Am-Mein	GER
Vare Marcel	M	-100	M2	272.5	SR	IPF	1990	WM	Beroun	CZE
Schlatter Stefan	M	-125	M2	240	SR	IPF	2000	WM	Usti-nad-Labem	CZE
Schlatter Stefan	M	+125	M2	260	SR	IPF	1999	EM	Hamm	LUX



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Bankdrücken										
Athlet		Gewichtsk.	Kategorie	Gewicht	Rekord	Verband	Jahr	Wettkampf	Ort	Land
Barras Sandra	W	-82.5	Open	125	SR	IPF	1999	EM	Saint Prix	FRA
Pierrén Martin	M	-52	Sub-Jun	75	SR	IPF	1984	-	Pully	SUI
Trevisan M.	M	-56	Sub-Jun	95	SR	IPF	1987	-	Mantova	SUI
Pieren Martin	M	-60	Sub-Jun	102.5	SR	IPF	1986	-	Salzburg	AUT
Mileshi M.	M	-67.5	Sub-Jun	120	SR	IPF	1985	-	Peseux	SUI
Schafter E.	M	-75	Sub-Jun	113	SR	IPF	1989	-	Courrendlin	SUI
Vauthay	M	-82.5	Sub-Jun	117	SR	IPF	1980	-	Dallas	USA
Castagnetti M.	M	-90	Sub-Jun	127.5	SR	IPF	1984	-	Le Locle	SUI
Favre Jean-Luc	M	-100	Sub-Jun	150	SR	IPF	1983	-	Lausanne	SUI
Rognon	M	-110	Sub-Jun	90	SR	IPF	1983	-	Lausanne	SUI
Rognon	M	-125	Sub-Jun	90	SR	IPF	1983	-	Porrentruy	SUI
Pieren Martin	M	-52	Jun	75	SR	IPF	1984	-	Pully	SUI
Bourquard Michel	M	-56	Jun	97.5	SR	IPF	1991	EM	AmstetSub-Jun	AUT
Vico Antonio	M	-60	Jun	92.5	SR	IPF	1988	EM	Luxemburg	LUX
Erb Frederic	M	-67.5	Jun	140	SR	IPF	1985	-	Lausanne	GBR
Walter Albert	M	-75	Jun	137.5	SR	IPF	1997	SM	Fribourg	SUI
Kilcher Gerard	M	-82.5	Jun	135	SR	IPF	1989	-	Courgenay	HUN
Cina Serge	M	-90	Jun	160	SR	IPF	1997	SM	Fribourg	SUI
Holzer Kilian	M	-100	Jun	167.5	SR	IPF	2000	SM	Einsiedeln	SUI
De Jeso Johnny	M	-110	Jun	190	SR	IPF	1991	-	Porrentruy	SUI
Jovine Eugenio	M	-125	Jun	200	SR	IPF	1992	-	Fribourg	SUI
Wermuth Patrice	M	-52	Open	82.5	SR	IPF	1980	EM	Zürich	SUI
Wermuth Patrice	M	-56	Open	110	SR	IPF	1985	-	Lausanne	SUI
Wermuth Patrice	M	-60	Open	117.5	SR	IPF	1987	-	Courgenay	SUI
Erb Frederic	M	-67.5	Open	140	SR	IPF	1985	-	Lausanne	SUI
Speccia Romeo	M	-75	Open	175	SR	IPF	1985	-	Peseux	SUI
Auf der Mauer Urs	M	-82.5	Open	190	SR	IPF	1998	SM	Birsfelden	SUI
Nemeshazy Janos	M	-90	Open	210	SR	IPF	1985	-	Espoo	FIN
Nemeshazy Janos	M	-100	Open	210.5	SR	IPF	1986	-	Geneve	SUI
Vare Marcel	M	-110	Open	200	SR	IPF	1986	-	Courgenay	ITA
Vare Marcel	M	-125	Open	205.5	SR	IPF	1988	-	Geneve	SUI
Schlatter Stefan	M	+125	Open	160	SR	IPF	1995	-	Kopenhagen	DEN
Lehuede Jean-Claude	M	-82.5	M1	150	SR	IPF	1988	EM	Milton Keynes	GBR
Gostell John	M	-110	M1	140	SR	IPF	1989	EM	Frankfurt-Am-Mein	GER
Schlatter Stefan	M	-125	M1	160	SR	IPF	1995	WM	Pori	FIN
Schlatter Stefan	M	+125	M1	155	SR	IPF	1993	EM	Moskau	RUS
Smeriglio Guerino	M	-75	M2	90	SR	IPF	1989	EM	Frankfurt-Am-Mein	GER
Vare Marcel	M	-100	M2	187.5	SR	IPF	1990	WM	Beroun	CZE
Schlatter Stefan	M	-125	M2	140	SR	IPF	2000	WM	Usti-nad-Labem	CZE
Schlatter Stefan	M	+125	M2	150	SR	IPF	1999	EM	Hamm	LUX



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### Powerlifting

Kreuzheben										
Athlet		Gewichtsk.	Kategorie	Gewicht	Rekord	Verband	Jahr	Wettkampf	Ort	Land
Barras Sandra	W	-82.5	Open	220	SR	IPF	1999	EM	Saint Prix	FRA
Pierrén Martin	M	-52	Sub-Jun	125	SR	IPF	1984	-	Pully	SUI
Pierrén Martin	M	-56	Sub-Jun	155.5	SR	IPF	1984	-	Lausanne	SUI
Pedrazzi Fabio	M	-60	Sub-Jun	195	SR	IPF	1994	-	Courrendlin	SUI
Pierrén Martin	M	-67.5	Sub-Jun	200.5	SR	IPF	1987	-	Zürich	SUI
Lachat T.	M	-75	Sub-Jun	205	SR	IPF	1990	-	Courgenay	SUI
Vauthey	M	-82.5	Sub-Jun	250	SR	IPF	1980	-	Dallas	SUI
Castagnetti M.	M	-90	Sub-Jun	250	SR	IPF	1984	-	Lausanne	SUI
Castagnetti M.	M	-100	Sub-Jun	242.5	SR	IPF	1984	-	Le Locle	SUI
Rognon	M	-110	Sub-Jun	170	SR	IPF	1983	-	Lausanne	SUI
Rognon	M	-125	Sub-Jun	200	SR	IPF	1983	-	Porrentruy	SUI
Pierrén Martin	M	-52	Jun	125	SR	IPF	1984	-	Pully	SUI
Bourquard Michel	M	-56	Jun	167.5	SR	IPF	1991	EM	AmstetSub-Jun	AUT
Vico Antonio	M	-60	Jun	190	SR	IPF	1988	EM	Luxemburg	LUX
Ovareze	M	-67.5	Jun	230	SR	IPF	1983	-	Le Locle	SUI
Girard Pascal	M	-75	Jun	260	SR	IPF	1987	-	Fribourg	SUI
Schneider	M	-82.5	Jun	255	SR	IPF	1984	-	Le Locle	SUI
Holz Patrick	M	-90	Jun	230	SR	IPF	1995	EM	Cherkasy	UKR
Castagnetti M.	M	-100	Jun	280	SR	IPF	1986	-	Le Locle	SUI
Jungo Alain	M	-110	Jun	310	SR	IPF	1995	EM	Cherkasy	UKR
Jungo Alain	M	-125	Jun	310	SR	IPF	1995	-	Fribourg	SUI
Wermuth Patrice	M	-52	Open	160	SR	IPF	1980	EM	Zürich	SUI
Wermuth Patrice	M	-56	Open	215	SR	IPF	1985	-	Lausanne	SUI
Wermuth Patrice	M	-60	Open	220.5	SR	IPF	1987	-	Zürich	SUI
Pedrazzi Luigi	M	-67.5	Open	280	SR	IPF	1983	WM	Goteborg	SWE
Smeriglio Guerino	M	-75	Open	270	SR	IPF	1985	EM	The Hague	NED
Speccia Romeo	M	-82.5	Open	280	SR	IPF	1984	-	Pully	SUI
Wissler Thomas	M	-90	Open	295	SR	IPF	1996	WM	Salzburg	AUT
Badan C.	M	-100	Open	317.5	SR	IPF	1986	-	Lausanne	SUI
Badan C.	M	-110	Open	322.5	SR	IPF	1986	-	Courgenay	SUI
Broger René	M	-125	Open	320	SR	IPF	1998	SM	Birsfelden	SUI
Schlatter Stefan	M	+125	Open	297.5	SR	IPF	1996	SM	Gland	SUI
Lehuede Jean-Claude	M	-82.5	M1	235	SR	IPF	1988	EM	Milton Keynes	GBR
Gostell John	M	-110	M1	232.5	SR	IPF	1988	EM	Milton Keynes	GBR
Schlatter Stefan	M	-125	M1	300	SR	IPF	1992	EM	Bratislava	SVK
Schlatter Stefan	M	+125	M1	285	SR	IPF	1991	EM	Budapest	HUN
Smeriglio Guerino	M	-75	M2	250	SR	IPF	1989	EM	Frankfurt-Am-Mein	GER
Vare Marcel	M	-100	M2	272.5	SR	IPF	1990	WM	Beroun	CZE
Schlatter Stefan	M	-125	M2	260	SR	IPF	2000	WM	Usti-nad-Labem	CZE
Schlatter Stefan	M	+125	M2	282.5	SR	IPF	1999	EM	Hamm	LUX



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### Powerlifting

#### Powerlifting - Total

Athlet		Gewichtsk.	Kategorie	Gewicht	Rekord	Verband	Jahr	Wettkampf	Ort	Land
Barras Sandra	W	-82.5	Open	535	SR	IPF	1999	EM	Saint Prix	FRA
Pierrren Martin	M	52	Sub-Jun	305	SR	IPF	1984	-	Pully	SUI
Trevisan M.	M	56	Sub-Jun	390	SR	IPF	1987	-	Mantova	ITA
Bourquard M.	M	60	Sub-Jun	465	SR	IPF	1991	-	Porrentruy	SUI
Pieren Martin	M	67.5	Sub-Jun	475	SR	IPF	1987	-	Mantova	ITA
Pierrren Martin	M	75	Sub-Jun	485	SR	IPF	1987	-	Salzburg	AUT
Vauthey	M	82.5	Sub-Jun	607.5	SR	IPF	1980	-	Dallas	USA
Nemeshazy Janos Junior	M	-90	Sub-Jun	560	SR	IPF	1997	SM	Fribourg	SUI
Favre Jean-Luc	M	100	Sub-Jun	580	SR	IPF	1983	-	Lausanne	SUI
Rognon	M	110	Sub-Jun	430	SR	IPF	1983	-	Lausanne	SUI
Rognon	M	125	Sub-Jun	460	SR	IPF	1983	-	Porrentruy	SUI
Pieren Martin	M	52	Jun	305	SR	IPF	1984	-	Pully	SUI
Bourquard Michel	M	56	Jun	437.5	SR	IPF	1990	-	Winterthur	SUI
Vico Antonio	M	-60	Jun	432.5	SR	IPF	1988	SM	Luxemburg	LUX
GirardPascal	M	-67.5	Jun	572.5	SR	IPF	1986	SM	Manchester	GBR
Ovarez	M	75	Jun	585	SR	IPF	1983	-	Lausanne	SUI
Kilcher Gerard	M	82.5	Jun	611	SR	IPF	1989	-	Courgenay	SUI
Fasel Marc	M	90	Jun	667.5	SR	IPF	1993	-	Fribourg	SUI
Castagnetti M.	M	100	Jun	685	SR	IPF	1986	-	Manchester	SUI
Jungo Alain	M	110	Jun	780	SR	IPF	1994	-	Fribourg	SUI
Jungo Alain	M	125	Jun	765	SR	IPF	1995	-	Fribourg	SUI
Wermuth Patrice	M	52	Open	357.5	SR	IPF	1980	EM	Zürich	SUI
Wermuth Patrice	M	56	Open	525	SR	IPF	1984	-	Lausanne	SUI
Wermuth Patrice	M	60	Open	550	SR	IPF	1986	-	Courgenay	SUI
Pedrazzi Luigi	M	67.5	Open	647.5	SR	IPF	1984	-	Lausanne	SUI
Speccia Romeo	M	75	Open	715	SR	IPF	1985	-	Peseux	SUI
Bernascini V.	M	82.5	Open	720	SR	IPF	1985	-	Canada	CAN
Nemeshazy Janos	M	90	Open	792.5	SR	IPF	1985	-	Lausanne	SUI
Badan C.	M	100	Open	820	SR	IPF	1984	-	Dallas	USA
Badan C.	M	110	Open	815	SR	IPF	1985	-	Courgenay	SUI
Heinzer Thomas	M	-125	Open	790	SR	IPF	1991	Cup	Fribourg	SUI
Schlatter Stefan	M	+125	Open	731	SR	IPF	1995	-	Aigle	SUI
Lehuede Jean-Claude	M	-82.5	M1	592.5	SR	IPF	1988	EM	Milton Keynes	GBR
Gostell John	M	-110	M1	610	SR	IPF	1988	EM	Milton Keynes	GBR
Schlatter Stefan	M	-125	M1	662.5	SR	IPF	1989	EM	Frankfurt-Am-Mein	GER
Schlatter Stefan	M	+125	M1	705	SR	IPF	1993	EM	Moskau	RUS
Smeriglio Guerino	M	-75	M2	570	SR	IPF	1989	EM	Frankfurt-Am-Mein	GER
Vare Marcel	M	-100	M2	732.5	SR	IPF	1990	WM	Beroun	CZE
Schlatter Stefan	M	-125	M2	640	SR	IPF	2000	WM	Usti-nad-Labem	CZE
Schlatter Stefan	M	+125	M2	692.5	SR	IPF	1999	EM	Hamm	LUX